
The UNFC Urban Indigenous Healthy Living Program invites you to join us for a:

GUIDED MEDITATION

“Live” on Facebook, like our FB page!

Join us live, online @ 1 pm

<https://www.facebook.com/UIHLP>

Starting Monday July 13th, 2020

No items or materials are needed!

Please call/message Wendy to register # 274-8541

