

THE UNITED NATIVE FRIENDSHIP CENTRE &
THE GIZHEWAADIZIWIN HEALTH ACCESS
CENTRE INVITES YOU TO OUR MONTHLY:

40+ WOMEN'S WELLNESS GROUP 😊



Gizhewaadiziwin
Health Access Centre



Thursday September 27th, 2018

3:00pm-7:00pm

Meeting @ the CLC/UNFC Building
616 MOWAT AVE, Fort Frances

Please join us for a Fall Walk & Talk Trip to Kay-Nah-Chi-Wah-Nung Historical Centre. We invite 40+ women to join us to share knowledge and awareness about older-adult mental health, dementia, physical/social-emotional/mental/ spiritual self-care/development and also a meal. PLEASE Register with Wendy Kabel @ 274-8541 ext.# 728 as seating is limited 😊